

Skin Awakening Cannabis Renewal Facial

Step-by-Step Treatment Protocol

- ✓ Anti-Inflammatory benefits that work to alleviate redness or skin irritation.
- ✓ High dose of anti-oxidants and omegas to nourish the skin.
- ✓ Instant glow and enhancement of complexion.
- ✓ Age prevention and age management to combat wrinkles.
- 1. **Cleanse.** Apply a dime size amount of the **Purifying Milk Cleanser** and perform a double cleanse.
- 2. **Exfoliate.** Squeeze a dime size amount of the *Holistic Microdermabrasion Cream* into the fingertips and spread the cream throughout the skin. Massage in circular and upward movements for 3-5 minutes.
- 3. Optional Secondary Exfoliation. For a deeper exfoliate apply a thin coat of the **Pumpkin** Enzyme Brightening Peel* and leave on the skin for 2-5 minutes. You may fan the skin down to make the client more comfortable. Remove with a cold wet towel.
- 4. **Mask Therapy I.** Squeeze a full pump of the *Instant Energizing Oxygen Masque* and swiftly apply it with your fingertips or from a glass bowel with a fan brush throughout the skin. Leave it on until the oxygen infusion and toxin-purging action is complete. Remove with a warm towel
- 5. **Massage.** Scoop a nickel to quarter size amount of the **Vitality CBD Massage Balm** Using the balm perform massage for 10 to 15 minutes. Then pat dry the massage balm with a tissue.
- 6. **Mask II.** Apply a quarter size amount of the **Vibrancy Renewal CBD Masque** with a brush, or by massaging the masque in with your hands. Leave on for 10-12 minutes. Remove with a warm towel
- 7. **Tone.** Spray the **Cucumber Mint Moisturizing Mist** throughout the face and neck.
- 8. Concentrated CBD Therapy. Apply a teardrop amount of the Luminous Glow CBD Face Oil section by section to the skin and work the oil in.
- 9. Accelerated Epidermal Infusion.
 - a. Options include but not limited to:
 - i. Micro-Needling
 - ii. Light Therapy
 - iii. Micro-current
 - iv. Rezenerate
- 10. Redness or Irritation Relief If Necessary. Apply a pea size amount of the Botanicort Complex* to skin as needed.
- 11. Anti-Fatigue Eye Treatment. Apply a pea size amount of the Awakening Eye Cream to the surrounding eye area.
- 12. **Sun Protection**. Apply a pea size amount of the **Soy Doctor® Ultra Light Moisturescreen SPF 30*** lotion and massage it into the skin until it becomes transparent.